



SCIENTIFIC PROGRAM

- 09:00-09:15 Welcome Note
Dr. Samer Makhoul (UAE) & Ms. Carine El Khazen (UAE)
- 09:15-10:45** **SESSION I: EATING DISORDERS AND OBESITY BURDEN**
Chairs: Dr. Mohammad Farghaly & Dr. Taoufik Alsaadi
- 09:15-10:00 First Do No Harm: A Guide to Medical Complications of Obesity and Eating Disorders
Dr. Carole Chidiac (UAE)
- 10:00-10:45 Introduction to Eating Disorders and Obesity in the Middle East
Ms. Carine El Khazen (UAE)
- 10:45-11:00** **Coffee Break**
- 11:00-12:00** **Keynote Speech: Are Eating Disorders a Global Epidemic and Burden?**
Dr. Eva Trujillo (Mexico)
- 12:00-13:00** **Lunch Break**
- 13:00-15:00** **SESSION II: EATING DISORDERS**
Chairs: Dr. Nadia Dabbagh & Dr. Khaled Kadry
- 13:00-13:30 Update on Eating Disorders Diagnostic Criteria and Their Latest Evidence-Based Treatments
Ms. Maya Sidani (UAE)
- 13:30-14:30 Introduction to Cognitive Behavioral Therapy Enhanced for the Treatment of Eating Disorders and its Special Adaption for Adolescents
Dr. Riccardo Dalle Grave (Italy)
- 14:30-15:00 Dietitians Intervention in Eating Disorders Treatment
Ms. Hala Abu Taha (UAE)
- 15:00-15:15** **Coffee Break**
- 15:15-16:45** **SESSION III: OBESITY**
Chairs: Ms. Farheen Dhinda & Dr. Medhat El Sabbahi
- 15:15-16:00 Update on the Current Obesity Treatments and their Efficacy
Dr. Riccardo Dalle Grave (Italy)
- 16:00-16:45 Introduction to Personalized Cognitive Behavioral Therapy for Obesity
Ms. Carina Khoury Ghossoub
- 16:45-17:15 Closing Remarks
Dr. Eva Trujillo (Mexico)